# A Case Report of Concurrent Ovarian Tumor: Thecoma and Brenner

3İRÜKTE GÖRÜLEN OVER TÜMÖRLERİ OLGUSU: TEKOMA VE BRENNER

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#### SUMMARY

Ovarian tumors are classified as epithelial, germ cell, gonadal stromal, nonspesific mesenchymal and metastaic tumor. Brenner tumors are rare epithelial tumors often teen in postmenopausal women. Thecomas are included n the gonadal stromal group.

A case of cystic the left ovary and benign Brenner umor of the right ovary is reported. It is very rare to see he ovarian tumors of two different histogenetic origins concurrently.

(ey Words: Thecoma, Brenner tumor

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Epithelial ovarian tumors are 60-70 percent of all >rimary ovarian tumors (1). Serous, mucinous, clear sell, endometrioid and Brenner tumors are different tistologic types of these tumors. They can be benign, >orderline of malignant.

Gonadal stromal tumors are derived from speciali-:ed stroma which often exert endocrinologie activity, granulosa cell, thecoma, sertolileiding cell tumors are ;onsidered in this group.

### CASE REPORT

E.D. a 67 years old married woman, gravida; 5 >ara; 5 was admitted because of abdominal mass, ablominal discomfort, nausea and vomiting for the pre-

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#### ÖZET

Over tümörleri epitelyal, germ hücreli, gonadal stromal, nonspesifik mesenkimal ve metastatik tümörler olarak sınıflandırılabilir. Brenner tümörü sıklıkla postmenopozal kadınlarda görülen nadir epitelyal bir tümördür. Tekomalar gonadal stromal gruba dahildir.

Sol överde kistik tekoma ve sağ överde benign Brenner tümörü olan bir olgu sunuldu. İki değişik histogenetik kökene sahip 3 over tümörlerinin aynı anda görülmesi oldukça nadirdir.

Anahtar Kelimeler: Tekoma, Brenner tümörü

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vious three months. Her last menstrual period was 20 years ago. On pelvic examination a semimobile cystic mass filling the whole lower abdominal cavity up to 2 cm. above the umblicus was found. Ultrasonogrophical examination revealed a cystic mass, 260x185 mm in diameter with some solid components. The uterus was normal. A biliary stone 16 mm In diameter was discovered. Intravenous pyelography revealed normally functioning kidneys with minimally dilated ureters. At laparotomy an encapsulated smooth cystic mass originating from the left ovary, 25x30 cm, In size, was found. The right ovary and the uterus seemed to be normal. Total abdominal hysterectomy and bilateral salpingooopherectomy and cholecystectomy were performed after frozen section was reported as benign. Pathological examination was reported as cystic thecoma of the left ovary and benign brenner tumor of the right (Fig. 1,2).

## DISCUSSION

Thecomas included in the specialized gonadal stromal group, and are seldom seen (2). They are usually solid, unilateral and almost always benign. Some malignant cases have been reported in the liteBilgen ve Ark. A CASE REPORT OF CONCURRENT OVARIAN TUMOR: THECOMA AND BRENNER



Figure 1. Thecoma of the left ovary x 300.

rature (3,4). Although they may be seen at any age, they are more frequent in the postmenopausal age group. They exert some estrogenic activity, so, the main symptoms are irreguler bleeding with pelvic mass. They can be seen with granulosa cell tumors, called as granulosa cell tumors, called as granulosatheca cell tumor (5).

Microscopically, lipid rich vacuolated cells which resemble theca interna cells are seen. Sometimes there is a fibromatous component and very rarely granulosa cell islets. Reticulum staining should be done to distinguish granulosa cell components from theca elements. Theca cells are typically separated with fibrillary structures as in Graafian follicles. These fibrillary structures are less frequent in granulosa cells (5).

Unilateral oophorectomy is the recommended treatment when fertility should be preserved. In the perimenopausal periods, total abdominal hysterectomy + bilateral salpingooopherectomy should be done (2).

Brenner tumors are epithelial ovarian tumors. This tumor was first defined histogeneticaly by Meyer, in 1932. They are said to originate from Walthard's cell rests which are metaplastic epithelial structures (5). Brenner tumors are also usually seen in the postmenopausal period. Although they are usually benign, some borderline and malignant cases have been reported. Their size ranges from microscopical size up to 5 cm (5). In a large series reported by Silverberg, most patients were operated on for a condition other than a Brenner tumor, as in our case (6). Brenner tumors are commonly associated with some other tumors of the ovary, especially mucinous and serous cystadenomas and benign cystic teratomas. Thecoma was not reported among the associated ovarian tumors, studied by Silverberg (6).



Figure 2. Brennes tumor of the right ovary x 285.

Microscopically epithelial islets surrounded by I spindle shaped stromal cells are seen. The epithelial I cells of these islets are usually polygonal in shape and f oval nucleated. Necrosis and cystic degeneration is j rare (7). Total abdominal hysterectomy and bilateral I salpingooopherectomy is the recommended treatment I when fertility is not desired. After reviewing the literature we found no reports of any concurrent ovarian tumors of two different histogenetic origin as now reported.

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